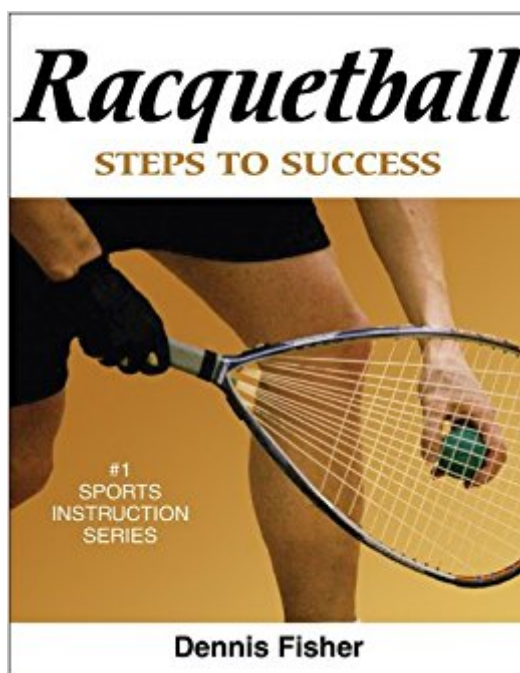


The book was found

Racquetball: Steps To Success (Steps To Success Sports Series)



Synopsis

Master the shots and strategies to control center court and win points. Racquetball: Steps to Success features expert instruction, clear photographs, 3-D court diagrams, more than 80 drills, and a proven system for improving your game. Stroke mechanics for the forehand and backhand and more than 35 shots, including serves, serve returns, and front-wall, side-wall, ceiling, and back-wall shots, are covered and illustrated. Learn when finesse trumps power, why a risky kill shot may be a better choice than a high-percentage ceiling shot, and what shots will move you into the critical center court position. As part of the popular Steps to Success Sports Series, with more than 1.5 million copies sold, Racquetball: Steps to Success covers it all to give you the tools to rule the court!

Book Information

Series: Steps to Success Sports Series

Paperback: 208 pages

Publisher: Human Kinetics; 1 edition (October 15, 2007)

Language: English

ISBN-10: 0736069399

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Shipping Weight: 1.2 pounds

Average Customer Review: 4.9 out of 5 stars 15 customer reviews

Best Sellers Rank: #411,476 in Books (See Top 100 in Books) #7 in Books > Sports & Outdoors > Racket Sports > Racquetball #48179 in Books > Health, Fitness & Dieting

Customer Reviews

"This step-by-step guide to learning the game gives players, coaches, and instructors the fundamentals necessary not only to learn the game but to excel at higher levels." Chris EvonIndoor Racquet Sports "Dennis Fisher understands the strengths and weaknesses of the game and has created a strategy to maximize a player's potential." Racquetball: Steps to Success "will develop anyone's game, at any level, at any age." Derek "Big D" RobinsonWorld Champion U.S. National Champion

"This step-by-step guide to learning the game gives players, coaches, and instructors the fundamentals necessary not only to learn the game but to excel at higher levels."Chris EvonIndoor

Racquet Sports"Dennis Fisher understands the strengths and weaknesses of the game and has created a strategy to maximize a player's potential. Racquetball: Steps to Success will develop anyone's game, at any level, at any age."Derek "Big D" RobinsonWorld Champion U.S. National Champion

I have played for the better part of two decades at about a C/D level and this book helps tremendously. Not only with game strategies to play better against better players, but the drills to get you there. This book explains many of the small things that can make a big difference. I wish that I had this book when I started playing racquetball. The insight is exceptionally beneficial. This book should be required reading for players that are serious about getting better in racquetball, your game will grow with this book.

This is the best book for beginning players I've ever seen. Well-organized, well-written, with large, clear diagrams and photos. The fundamentals and strategies are all sound and clearly explained. Don't be misled by the picture of the book's cover on , which makes it look like a cheesy home-press photocopy job - the actual book has a full-color glossy cover and is professionally produced in every way. I'll be giving this book to every novice player I play against. Highly recommended.

The Kindle is great for reading but not so useful when looking at figures and charts. The size is partly responsible for the convenience but limits the pictures or drawings. This book is clear and well portrayed. The examples are clear and direct and makes the text even clearer.

If you could only access one work to assist you in developing a decent racquetball game, then this is it. It's perfect for beginners and intermediate players. It's easy to understand and takes everything step-by-step with plenty of graphics.

This was a great gift for my husband who was just learning to play Racquetball, he said this was great help.

Sets you straight on the rules and shows you how to play.I shared the book with my grandson, now he beats me, because he read the entire book!

Book arrived promptly and was in good shape. The book is very instructional and it was definitely worth the price I paid for it.

goes in detail how to improve yourself, good book for beginners and intermediate. You will learn to think about what you are doing.

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